



Family Planning Integration into HIV services in the Western Cape

Family Planning Integration Project (FPI Project) Progress and Healthcare Provider's Family Planning Knowledge Summary Report

The Desmond Tutu HIV Foundation presents statistics and findings from the data collected across the participating districts/sub-structures in the Western Cape between January 2013 and October 2014. The FPI Project is at different time points of data collection for participating districts/sub-structures, which is demonstrated by family planning knowledge findings. The family planning knowledge data was collected at 6-monthly intervals, from Timepoint 1 (baseline), at 6months (Timepoint 2) and at 12 months (Timepoint 3).

Overall number of Healthcare Providers trained by the Family Planning Integration Project

Position	Klipfontein/Mitchells Plain Sub-structures	Oveberg District	Khayelitsha/Eastern Sub-structures	Northern/Tygerberg Sub-structures	Cape Winelands District	Grand Total
CNPs	33	54	36	21	87	231
Doctors	24	8	18	11	5	66
Enrolled Nurses	1	20	4	-	25	50
Enrolled Nursing Assistants	-	11	2	-	4	17
Nursing Assistants	-	4	-	-	4	8
Professional Nurses	41	16	32	9	31	129
Other	2	2	4	4	10	22
Grand Total	101	115	96	45	166	523



Overall number of Counsellors and NGO Coordinators who attended the Counsellor Family Planning (First) and Counsellor's FP Update Workshop (Second workshop).

Districts/Sub-structures	Counsellor FP Workshop (First)	Counsellor's Family Planning Update Workshop (Second)	NGO Coordinators
Klipfontein/Mitchells Plain Sub-structures	99	49	4
Oveberg District	42	42	1
Khayelitsha/Eastern Sub-structures	87	34	14
Northern/Tygerberg Sub-structures	49	43	10
Cape Winelands District	82	70	3
Grand Total	359	238	32

Overall number of people reached by the Family Planning Talks across various districts in the Western Cape

Districts/Sub-structures	Grand Total
Klipfontein/Mitchells Plain Sub-structures	100, 403
Oveberg District	5, 718
Eastern/Khayelitsha Sub-structures	58, 849
Northern/Tygerberg Sub-structures	24, 311
Cape Winelands District	30, 937
Grand Total	220, 218



Couple Year Protection Rate

The last column presents quarterly data; therefore it could not be compared with annual data in other three columns. However, it is included to demonstrate increase in the couple year protection rate across the participating districts/sub-structures.

Districts/Sub-structures	Couple Year Protection Rate			
Period	April 2011- March 2012	April 2012- March 2013	April 2013- March 2014	April 2014- June 2014
Klipfontein/Mitchells Plain Sub-structures	10%	39%	75%	76%
Overberg District	46%	52%	72%	72%
Eastern/Khayelitsha Sub-structures	9%	46%	79%	61%
Northern/Tygerberg Sub-structures	9%	49%	74%	75%
Cape Winelands District	40%	47%	70%	58%
Western Cape Province	39%	47%	74%	67%



1. Klipfontein and Mitchells Plain Sub-structure

Klipfontein and Mitchells Plain sub-structures were used as the pilot sites for the Family Planning Integration project. Therefore, data collected at baseline cannot be used for analysis in this report. The provider's family knowledge score outcomes include data analyzed at 6months (Timepoint 2) and at 12 months (Timepoint 3).

Total participating facilities

Total participating facilities in the Klipfontein/Mitchells Plain Sub-structure
1. Crossroads CHC
2. Nyanga Clinic
3. Gugulethu CHC
4. Hannan Crusaid Clinic
5. Hanover Park CHC
6. Heideveld CHC
7. Inzane Zabantu CHC
8. Mitchell's Plain CHC
9. Dr Abdurahman Clinic



The M&E interviews were conducted at the following facilities

M&E interviews were conducted at the following 7 facilities
1. Crossroads CHC
2. Gugulethu CHC
3. Hannan Crusaid Clinic
4. Hanover Park CHC
5. Heideveld CHC
6. Inzame Zabantu CHC
7. Mitchell's Plain CHC

The number of Healthcare Providers trained by the Family Planning Integration Project

Year	Position							Grand Total
	CNP	NGO Coordinator	Counsellors	Doctors	PN	ENs	Other	
Type of workshop								
2013 & 2014								204
Clinicians Refresher Workshop	33		5	24	41	1	2	106
Counsellor FP Workshop (First)		4	94					98
Counsellor FP Update Workshop (Second)	1		49				4	54
Grand Total	33	4	99	24	41	1	2	204

Family Planning Talks statistics

A total of **100,403** people were reached through family planning talks across Klipfontein and Mitchell's Plain sub-structures.



Providers' Family Planning knowledge score

Median Knowledge (IQR)	Pre-workshop		After workshop		Post-intervention (at 6 months)		Post-intervention (at 12 months)	
	Clinician (n=17)	Counsellors (n=16)	Clinicians (n=19)	Counsellors (n=22)	Clinician (n=27)	Counsellors (n=34)	Clinician (n=24)	Counsellors (n=29)
	64% (59-77%)	45% (36-54%)	86% (84-91%)	60% (52-66%)	77% (66-82%)	64% (54-76%)	91% (77-95%)	64% (54-73%)

Number of consulting rooms equipped with Family Planning methods

	Post-intervention (at 6 months)	Post-intervention (at 12 months)
Total number of Clinicians interviewed	27	24
Number of Clinicians who are always dispensing family planning methods to HIV+ clients in need of family planning in their consulting rooms	21	17
Dispensed FP methods (always) =%	78%	71%



2. Overberg District

The Overberg district comprises of the following 4 Sub-districts

- Cape Agulhus Sub-district
- Overstrand Sub-district
- Swellendam Sub-district
- Theewaterskloof Sub-district

Total participating facilities

Total participating facilities in the Overberg District	
1. Bredasdorp Clinic	14. Kleinmond Clinic
2. Napier Clinic	15. Stanford Clinic
3. Struisbaai Clinic	16. Zwelihle Clinic
4. Elim Clinic	17. Mount Pleasant Clinic
5. Barrydale Clinic	18. Hawston Clinic
6. Buffelsjagrivier Clinic	19. Botrivier Clinic
7. Railton Clinic	20. Caledon Clinic
8. Suurbraak Clinic	21. Caledon Hospital
9. Swellendam Clinic	22. Grabouw CDC
10. Swellendam Hospital	23. Reviersonderend Clinic
11. Gansbaai Clinic	24. Villiersdorp Clinic
12. Hermanus Clinic	25. Genadendal Clinic
13. Hermanus Hospital	26. Greyton Clinic



The M&E interviews were conducted at the following facilities

M&E interviews were conducted at the following 14 facilities	
1. Barrydale Clinic	8. Kleinmond Clinic
2. Bredasdorp Clinic	9. Napier Clinic
3. Botrivier Clinic	10. Raiton Clinic
4. Caledon ARV Clinic	11. Riviersonderend Clinic
5. Gansbaai Clinic	12. Swellendam Clinic
6. Grabouw CDC	13. Villiersdorp Clinic
7. Hermanus ARV Clinic	14. Zwelihle CHC

The number of Healthcare Providers trained by the Family Planning Integration Project

Year	Position									Grand Total
	CNP	NGO Coordinator	Counsellors	Doctors	PN	ENs	NAs	ENAs	Other	
Type of workshop										
2013 & 2014										158
Clinicians Refresher Workshop	54		1	8	16	19	4	10	2	114
Counsellor FP Workshop (First)		1	41			1		1		44
Counsellor FP Update Workshop (Second)	1	1	42		1	1			1	47
Grand Total	54	1	42	8	16	20	4	11	2	158

Family Planning Talks statistics

5, 718 people were reached through family planning talks across Overberg district.



Providers' Family Planning knowledge score

Median Knowledge (IQR)	Baseline (TP1 or Pre-workshop)		After workshop		Post-intervention (at 6months)		Post-intervention (at 12months)	
	Clinician (n=116)	Counsellors (n=42)	Clinicians (n=109)	Counsellors (n=39)	Clinicians (n=45)	Counsellors (n=19)	Clinicians (n=15)	Counsellors (n=9)
	54% (50-64%)	45% (36-54%)	73% (68-73%)	64% (59-79%)	73% (64-86%)	77% (64-86%)	82% (77-93%)	82% (77-91%)

Number of consulting rooms equipped with Family Planning methods

	At baseline	Post-intervention (at 6months)	Post-intervention (at 12months)
Total number of Clinicians interviewed	49	51	18
Number of Clinicians who are always dispensing family planning methods to HIV+ clients in need of family planning in their consulting rooms	36	46	16
Dispensed FP methods (always) =%	73%	90%	89%



3. Khayelitsha/Eastern Sub-structure

Total participating facilities

Total participating facilities in Khayelitsha/Eastern Sub-structure	
1. Gustrouw CHC	6. Ubuntu CHC (Khayelitsha Site B)
2. Kleinvlei CHC	7. Michael Mapongwana CHC
3. Macassar CHC	8. Eerste River Hospital
4. Mfuleni CHC	9. Helderberg Hospital
5. Strand CHC	10. Nolungile CHC (Khayelitsha Site C)

The M&E interviews were conducted at the following facilities

M&E interviews were conducted at the following 8 facilities
1. Eerste River Hospital
2. Gustrouw CHC
3. Helderberg Hospital
4. Kleinvlei CHC
5. Macassar CHC
6. Michael Mapongwana CHC
7. Nolungile CHC (Khayelitsha Site C)
8. Ubuntu CHC (Khayelitsha Site B)



The number of Healthcare Providers trained by the Family Planning Integration Project

Year	Position								Grand Total
Type of workshop	CNP	NGO Coordinator	Counsellors	Doctors	PN	ENs	ENAs	Other	Grand Total
2013 & 2014									197
Clinicians Refresher Workshop	36	1	1	18	32	4	1	-	93
Counsellor FP Workshop (First)		13	86				1	4	104
Counsellor FP Update Workshop (Second)			34						34
Grand Total	36	14	87	18	32	4	2	4	197

Family Planning Talks Statistics

A total of **58,849** people were reached through family planning talks across Khayelitsha/Eastern sub-structures.

Providers' Family Planning knowledge score

Median Knowledge (IQR)	Baseline (TP1 or Pre-workshop)		After workshop		Post-intervention (at 6months)		Post-intervention (at 12months)	
	Clinician (n=103)	Counsellors (n=83)	Clinicians (n=95)	Counsellors (n=83)	Clinicians (n=25)	Counsellors (n=21)	Clinicians (n=21)	Counsellors (n=17)
	64% (54-73%)	45% (36-54%)	82% (77-91%)	68% (54-77%)	82% (77-86%)	77% (68-82%)	86% (73-86%)	77% (68-86%)



Number of consulting rooms equipped with Family Planning methods

	At baseline	Post-intervention (at 6months)	Post-intervention (at 12months)
Total number of Clinicians interviewed	52	52	42
Number of Clinicians who are always dispensing family planning methods to HIV+ clients in need of family planning in their consulting rooms	17	43	36
Dispensed FP methods (always) =%	33%	83%	86%



4. Northern/Tygerberg Sub-Structure

Total participating facilities

Total participating facilities in the Northern/Tygerberg Sub-structure	
1. Belhar CHC	7. Karl Bremmer Hospital
2. Bishop Lavis CHC	8. Kraaifontein CHC
3. Delft CHC	9. Reed Street CDC
4. Durbanville CDC	10. Ruyterwacht CDC
5. Elsies River CHC	11. Scottsdene CDC
6. Kasselsvlei CDC	12. Tygerberg Hospital

The M&E interviews were conducted at the following facilities

M&E interviews were conducted at the following 8 facilities
1. Bishop Lavis CHC
2. Delft CHC
3. Durbanville CDC
4. Elsies River CHC
5. Kasselsvlei CDC
6. Kraaifontein CHC
7. Ruyterwacht CDC
8. Scottsdene CDC



The number of Healthcare Providers trained by the Family Planning Integration Project

Year/months	Position						Grand Total
	CNP	NGO Coordinator	Counsellors	Doctors	PN	Other	
2014 (Feb, April, Jun)							104
Clinician FP Refresher Workshop	21	5		11	9	4	50
Counsellor FP Workshop (First)		5	49				54
Counsellor FP Update Workshop (Second)			43				43
Grand Total	21	10	49	11	9	4	104

Family Planning Talks Statistics

A total of **24,311** people were reached through family planning talks across Northern/Tygerberg sub-structure.

Providers' Family Planning knowledge score

Median Knowledge (IQR)	Baseline (TP1 or Pre-workshop)		After workshop		Post-intervention (at 6months)	
	Clinician (n=42)	Counsellors (n=47)	Clinicians (n=38)	Counsellors (n=47)	Clinicians (n=15)	Counsellors (n=8)
	68% (32-82%)	45% (18-64%)	82% (64-95%)	68% (45-82%)	82% (68-86%)	73% (36-73%)



Number of consulting rooms equipped with Family Planning methods

	At baseline	Post-intervention (at 6months)
Total number of Clinicians interviewed	36	29
Number of Clinicians who are always dispensing family planning methods to HIV+ clients in need of family planning in their consulting rooms	34	28
Dispensed FP methods (always) =%	94%	97%



5. Cape Winelands District

The Cape Winelands district comprises the following 5 Sub-districts

- Breede Valley
- Drakenstein
- Langeberg
- Stellenbosch
- Witzenberg

Total participating facilities

Total Participating facilities in the Sub-districts of the Cape Winelands District			
1. Worcester Community Day Centre	11. Dirkie Uys Clinic	21. Klapmuts Clinic	31. Phola Park Clinic
2. TC Newman CHC	12. Niewedrift Clinic	22. Kylemore Clinic	32. Saron Clinic
3. De Doorns Clinic	13. Bergsig Clinic	23. Ceres Hospital	33. Simondium Satellite Clinic
4. Gouda Clinic	14. Cogmanskloof CHC	24. Nduli Clinic	34. Soetandal/Hermon Satellite Clinic
5. Empilisweni Clinic	15. McGregor Clinic	25. Op die Berg Clinic	35. Groendal CHC
6. Maria Pieterse Clinic	16. Montague Clinic	26. Prince Alfred Hamlet Clinic	36. Somersetstraat Clinic
7. Orchard Clinic	17. Nkqubela Clinic	27. Tulbagh Clinic	37. Klein Drakenstein Satellite Clinic
8. Rawsonville Clinic	18. Zolani CHC	29. Dalvale Clinic	38. Don and Pat Bilton Clinic
9. Wellington Clinic	19. Aan-het-Pad Clinic	29. Huis McCrone Clinic	39. Sandhills Clinic
10. Windmeul Satellite Clinic	20. Cloetesville CHC	30. Mbekweni Clinic	40. De Wet (Overhex) Clinic



The M&E interviews were conducted at the following facilities

M&E interviews were conducted at the following 23 facilities	
1. Bergsig Clinic	13. Nduli Hospital
2. Ceres Hospital	14. Nkqubela Clinic
3. De Doorns Clinic	15. Rawsonville Clinic
4. Empilisweni CHC	16. TC Newman CHC
5. Groendal CHC	17. Touws River Clinic
6. Huis McCrone Clinic	18. Tulbagh Clinic
7. Idas Valley Clinic	19. Wellington Clinic
8. Kayamandi Clinic	20. Windmeul Satellite Clinic
9. Klapmuts Clinic	21. Worcester Community Day Centre
10. Kylemore Clinic	22. Zolani CHC
11. Montague Clinic	23. Mbekweni Clinic
12. Phola Park Clinic	



The number of Healthcare Providers trained by the Family Planning Integration Project

Year	Position									Grand Total
	CNP	NGO Coordinator	Counsellors	Doctors	PN	ENs	NAs	ENAs	Other	
Type of workshop										
2014 (May, June, July, August)										251
Clinicians Refresher Workshop	87			5	31	25	1	4	9	162
Counsellor FP Workshop (First)		3	82				3		1	89
Counsellor FP Update Workshop (Second)			70					1		71
Grand Total	87	3	82	5	31	25	4	4	10	251

Family Planning Talks statistics

30,937 people were reached through family planning talks across Cape Winelands district.

Providers' FP knowledge score

Median Knowledge (IQR)	Baseline (TP1 or Pre-workshop)		After workshop	
	Clinician (n=186)	Counsellors (n=101)	Clinicians (n=156)	Counsellors (n=83)
	64% (54-73%)	50% (41-54%)	82% (76-86%)	68% (54-77%)



Number of consulting rooms equipped with FP methods

	At Baseline
Total number of Clinicians interviewed	86
Number of Clinicians who are always dispensing family planning methods to HIV+ clients in need of family planning in their consulting rooms	76
Dispensed FP methods (always) =%	88%

The FPI Project is currently initiating the introductory phase for implementation of FP Integration intervention in the Southern/Western Sub-structure of the Cape Metro.

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